

My *Brilliant* Life

A C A D E M Y

Features MBLA	LIVE	Garnet	Ruby
Topic of the month: Access to Patricia (and Patty) in monthly live Q&A - ask me anything (up to 60 min)			
Topic of the month: One Work-Playsheet with questions to explore			
Be part of an awesome community in a Secret Facebook group – be unapologetically YOU, get peer support and make friends for life			
Articles empowering you how to harness your brightness as a blessing rather than seeing it as a burden			
Written feedback from Patricia in FB group at least 3 x month			
Topic of the month: Live training by Patricia OR Expert interview - video and audio recording available			
Self-Study Modules 1-13 - Training, articles, videos and Scientific evidence on How to craft your brilliant life step by step			
Work-Playsheets for self-reflection, better self-understanding and action taking			
Songs, Right Brain and mind-body exercises to embody what you've learned and put yourself in states conducive to experiencing joy, meaning and love			
1 hour 121 coaching with Patricia to overcome hindrances and implement the teachings (Modules 1 – 13)			
Bespoke 'Home work' (action plan) to complete between the sessions			
Progress report and feedback per email to stay on track			
Rates per month in Swiss francs CHF	12,50 (appr. 10 Euro; 9 £, 12,5 \$)	47 (appr. 40 Euro; 35 £, 47 \$)	217 (appr. 180 Euro; 160 £, 217 \$)